UNWRAPPING *God's* PERSONAL GIFT

UNWRAPPING GOD'S PERSONAL GIFT:
A Christmas Reflection for Moms

Mama, Christmas isn't just about traditions or busyness—it's a reminder that Jesus came for *you*. He sees your heart, knows your struggles, and invites you into a deeper relationship with Him. Let this reflection guide you to rest in His presence, feel His love, and embrace the Holy Spirit's work in your life.

1. PAUSE AND REFLECT

Begin with this powerful truth:

"Today in the town of David a Savior has been born to you; He is the Messiah, the Lord" (Luke 2:11).

Close your eyes and reflect: Jesus didn't just come for the world—He came for you.

Write your name in this sentence:

"A Savior has been born for _____."

Say it aloud. Let the reality of His love fill your heart.

2. IDENTIFY YOUR SHEPHERD'S FIELD

The shepherds were ordinary, tired, and often overlooked—yet they were the first to hear the good news. In the same way, Jesus comes to meet you in your "shepherd's field," the places where you feel unseen or burdened.

Write down one area in your life where you need Jesus' peace this season:

"Lord, I feel unseen in _____ (motherhood, struggles, relationships).

Meet me here with Your presence and comfort through the Holy Spirit."

Scripture to Hold On To:

"Come to me, all you who are weary and burdened, and I will give you rest" (Matthew 11:28).

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3. PRAY FROM THE HEART

Speak this prayer aloud or make it your own:

> "Lord Jesus, You came to this world for me. You see me, love me, and want to walk with me. Thank You for stepping into my life with Your peace and hope. This Christmas, I give You my heart, my fears, and my hopes. Be born anew in my life today, just as You were in Bethlehem so long ago. Holy Spirit, fill me with Your presence and guide me as I walk with Jesus each day."

Scripture to Remember:

"And because you are sons, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!'" (Galatians 4:6).

4. RECEIVE HIS GOOD NEWS

The angel's words to the shepherds echo for you today:

> *"Do not be afraid. I bring you good news that will cause great joy for all the people" (Luke 2:10).*

Write down one way you can rest in this "good news" this week:

> "I will trust in God's love for me when I feel _____ (anxious, unseen, overwhelmed)."

Scripture to Bring Peace:

"The Spirit himself testifies with our spirit that we are God's children" (Romans 8:16).

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5. CARRY HIS LOVE TO OTHERS

The shepherds didn't keep the good news to themselves—they shared it with everyone they met! Ask the Holy Spirit to help you share Jesus' love in simple but meaningful ways this week:

- Call or text a friend who needs encouragement and pray with her.
- Share the Christmas story with your children, explaining that Jesus came for each of them individually.
- Perform an act of kindness for someone who feels weary or unseen, such as delivering cookies, writing a note, or offering a prayer.

Scripture for Encouragement:

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses" (Acts 1:8)

MAMA, REST IN THIS TRUTH TODAY:

Jesus came for the world, but He also came for YOU. Through the power of the Holy Spirit, you can walk in His peace, joy, and love every single day.

Final Encouragement:
"May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit" (Romans 15:13).