DECEMBER
Mom Tips

THE SUPERNATURAL WOMAN BUILDS HER SPIRIT

Be sure to make time in your busy schedule for regular Bible study and prayer this Christmas season! Things can get really busy during the holidays, so time with God is more essential than ever to keep your sense of inner peace. Pray and ask God to help you focus on Him more than anything else, and for His help to be patient and to love your family well.

THE SUPERNATURAL WIFE LOVES HER HUSBAND

Start a yearly tradition for you and your husband. Plan a quiet or festive date night, and make it a priority! Setting time aside to keep your marriage healthy during a potentially stressful time of year will help you view each other as partners. Here are some simple ideas: go out for dessert or tea, take a walk around the neighborhood to enjoy Christmas lights, go for a walk in the snow, or try ice skating together.

THE SUPERNATURAL MOM LOVES HER CHILDREN

Keep Christmas music playing in your home all month! Have spontaneous dance parties with your children. It will put your kids in a great mood (no matter how old they are) and build musical Christmas memories in their hearts!

THE SUPERNATURAL HOMEMAKER CARES FOR HER HOME

Pometimes it's difficult to be content with our home when it's not perfectly decorated or "House Beautiful." But to our children, the most important decoration in our home is our love. Don't strive for a perfect home if it causes you stress and makes you grouchy. Let your home be a living laboratory of life, not perfection! Focus on creating memories of fun and laughter this coming year instead of stress!