Encounter THE LORD IN Worship

Hello, Mama!

I'm Jen, and I am so glad to be with you to talk about The Radiant Mom!

Recently, my kids went back to school, and I found myself exhausted and depleted with all the transition of schedule changes, adjustments to our routine, and trying to fit all the puzzle pieces into new places. When I finally got the chance to sit with the Lord, I realized I had been unintentionally trying to do it on my own. I was trying to figure out how to "make it all work" and fit all the pieces together. It was overwhelming!

In Psalm 34:5, we read, "Those who *look to Him* are radiant; their faces are never covered with shame" *(emphasis mine)*. Sweet sister, where in your life have you been trying to carry things on your own? Where are you feeling overwhelmed? The Father has a simple reminder for you: *look to Him*. This is so simple, but it really is the key to everything we do as moms, wives, and followers of Him. *This* is what enables us to shine and radiate in our lives and homes. Yet it can be hard to live out! We easily, and sometimes unknowingly, pick up burdens the Father never intended us to carry. And when we do we tend to either take control and try to fix it, or withdraw and do nothing. Neither is the answer! Our Father has a better way for us. When we develop and maintain the practice of coming to Him we are able to continually unload burdens and let Him renew us. And then we *shine* with His glory more and more in everything we do.

Sister, I encourage you, wherever you are feeling weary or burdened, set aside time to sit with the Lord! Find a quiet space, grab your Bible, enter into worship, and talk to Him. Use the *Encounter the Lord in Worship* printable to get the conversation started. And remember, we will *never* graduate from our need to look to Him in every area of our lives! His presence will always be the answer to everything you need, as you look to Him continually.

With Love,
Jen

"His presence will always be the answer to everything you need, as you look to Him continually."

Encounter THE LORD IN Worship

SPOTIFY PLAYLIST:

Check out the Spotify playlists titled: **"Look to Him! - Moms Playlist September 2024"** & **"I Look to God! - Kids Playlist September 2024"** in the Bonus Content section of the Mothering Kit.

KEY SCRIPTURES:

- **Psalm 34:5** "Those who look to him are radiant; their faces are never covered with shame."
- **Matthew 11:28** "Come to me, all you who are weary and burdened, and I will give you rest."
- **2 Corinthians 3:18** "And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit."

ENCOUNTER THE LORD:

1. **OPENING PRAYER:** *I look to You, Father! I turn the eyes of my heart to You. I invite You to show me any areas I'm carrying on my own. Open my eyes to Your Word and my heart to Your Spirit in Jesus' name. Amen.*

2. **READ PSALM 34:5.**
   What burdens are you carrying? Where are the areas you need to look to the Lord? Jot these down.

3. **READ MATTHEW 11:28.**
   Are you able to come to Jesus? Ask the Father, *Is there anything blocking me from coming to You?* Write down what He shows you.

4. **READ 2 CORINTHIANS 3:18.**
   Spend time worshiping the Lord, focusing on His goodness and glory. Let God touch the tender places in your heart. Ask God to show you who He is in those places that are hard right now. Let Him transform you from glory to glory, as you look to Him.

Closing Prayer: *Lord, I come to You with these burdens and difficulties. I push past the obstacles and choose now to yield these areas to You. Show me who You are in these difficult places. I thank You, for You are my loving Father, and You will give me fresh strength to radiate Your glory! In Jesus' name. Amen.*

WORD OF ENCOURAGEMENT FROM THE LORD:

Daughter, come, look to Me. Let Me remove your weights today. Come My child, I will make you new! I am able to remove your heavy burdens! Just come to Me. Come to Me today. I will show you My way. Love, Your Heavenly Father

Who AM I?
Who IS HE?

SCRIPTURE TRUTHS TO PONDER

WHO IS HE?

1. He is mighty to save (Zephaniah 3;17)
2. He is love (1 John 4:16)
3. He conquers Satan, our accuser. (Rev. 12:10)
4. He is the giver of life. (Psalm 36:9)
5. He fights for us and gives us victory. (Deuteronomy 20:4)
6. He cleans our hearts and makes us whole. (1 John 1:9)
7. He is our healer. (Exodus 15:26)
8. He is the One who sets us free. (Galatians 5:1)
9. He is our Redeemer. (Isaiah 44:22)
10. He is our Risen Savior. (1 Timothy 1:15)
11. He is righteous (Zephaniah 3:5)
12. He makes all things new. (Isaiah 43:18-19)
13. He is our strength. (Psalm 46:1)
14. He is our protector. (Psalm 18:2)
15. He is light. (1 John 1:5)
16. He is the One who knows us and chose us. (Eph. 1:4-5)

WHO AM I?

1. I have been saved by Jesus. (1 Peter 1:23)
   Because He is mighty to save me.
2. I am loved. (1 John 4:10)
   Because He is love and loves me.
3. I am blameless and free from accusation. (Colossians 1:22)
   Because He conquered Satan, my accuser.
4. I have life. (1 John 5:12)
   Because He is the giver of life.
5. I am victorious through Jesus Christ. (1 Cor. 15:57)
   Because He fights for me and gives me victory.
6. I am clean. (John 15:3)
   Because He cleans my heart and makes it whole.
7. I have been healed. (Isaiah 53:5)
   Because He is my healer.
8. I am free forever from condemnation. (Romans 8:1)
   Because He is the one who sets me free.
9. I have been redeemed. (Rev. 5:9)
   Because He is my redeemer.
10. I have been saved and set apart by God. (2 Timothy 1:9)
    Because He is my Risen Savior.
11. I am a slave of righteousness. (Romans 6:18)
    Because He has set me free from sin.
12. I am a new creation. (2 Cor. 5:17)
    Because He makes all things new.
13. I have strength in exchange for my weakness. (2 Cor. 12:9-10)
    Because He is my strength.
14. I am protected from the evil one. (1 John 5:8)
    Because He is my protector.
15. I am a daughter of light and not of darkness. (1 Thessalonians 5:5)
    Because He is my light.
16. I am chosen of God, holy and dearly loved. (Colossians 3:12)
    Because He is the One who knows me and chose me.

Who AM I?
Who IS HE?

SCRIPTURE TRUTHS TO PONDER
(CONTINUED)

WHO IS HE?

17. He is gracious and merciful (Psalm 116:5)
18. He is our deliverer from trouble. (Psalm 34:19)
19. He is holy. (1 Samuel 2:2)
20. He is faithful. (2 Timothy 2:13)
21. He is our Father. (Ephesians 4:6)
22. He is the most gracious forgiver. (Eph. 1:7-8)
23. He is our perfect peace. (Eph. 2:14-18)
24. He is the giver of all good things. (James 1:17)
25. He began a good work in us and will complete it. (Philippians 1:6)
26. He is the promised Anointed One. (Daniel 9:25-26)
27. He is the One we are called to follow. (Matthew 4:19-20)
28. He is the One who indwells us. (1 Cor. 3:16)

WHO AM I?

17. I find God's mercy and grace in a time of need. (Hebrews 4:16)
    Because He is gracious and merciful to me.
18. I am more than a conqueror through Christ. (Romans 8:37)
    Because He is my deliverer from trouble.
19. I have been sanctified and called to holiness. (1 Corinthians 1:2)
    Because He is holy and I am His.
20. I have faith. (Romans 12:3)
    Because He is faithful to me.
21. I am a child of God. (John 1:12)
    Because He is my father.
22. I am forgiven on the account of Jesus' name. (1 John 2:12)
    Because He is my most gracious forgiver.
23. I have been given peace. (John 14:27)
    Because He is my perfect peace.
24. I've been given power, love, and self-discipline. (2 Timothy 1:7)
    Because He gives me all good things.
25. I have been made complete in Christ. (Colossians 2:10)
    Because He began a good work in me and will complete it.
26. I am anointed by God. (1 John 2:27)
    Because He is the promised Anointed One.
27. I am commissioned to make disciples. (Matthew 28:19,20)
    Because He is the One I am called to follow.
28. I have Christ in me. (Colossians 1:27)
    Because He is the One who indwells in me.