SEPTEMBER
Mom Tips

THE SUPERNATURAL WOMAN BUILDS HER SPIRIT

Practice **J.O.Y.** this week. **J.O.Y.** is Jesus-Others-Yourself. Everywhere you go this week, the grocery store, your child's school, the coffee shop... apply this concept. Think of Jesus first, then others, then yourself!

THE SUPERNATURAL WIFE LOVES HER HUSBAND

Clean out your husband's vehicle. Take time to clean the windows and wipe down the seats and cup holders. He will appreciate the gesture and the time spent.

THE SUPERNATURAL MOM LOVES HER CHILDREN

Make a fun art project with your children this week. Pull out paints and construction paper and see what fun creations you can come up with. Hang them up art-gallery style and invite friends and family over to view the masterpieces.

THE SUPERNATURAL HOMEMAKER CARES FOR HER HOME

Deep clean and organize your laundry room. Wipe down and dust the cabinets and mop the floor. Clean out your "change jar" or "catch-all" area in the room. Find those matching socks! Take the time to run the clean/sanitize cycle on your washing machine.